

**Issue No.3** October 4, 2024

Dates At A Glance		
Oct 4	OCAS Transmission	
Oct 14	Thanksgiving - No School	
Oct 15	Photo Retakes	
Oct 17	College Fair	
Oct 17-23	Sukkot	
Oct 21	PA Day - No School	
Oct 23-24	Shmini Atzeret/ Simchat Torah	
Oct 24	Meet the Teacher	
Oct 31	<u>Halloween</u>	
Nov 1	All Saints' Day Diwali	
Nov 7	OUAC Transmission	
Nov 11	Remembrance Day	
Nov 14	Pathways Night (ECSS) - 7 p.m.	
Nov 15	OCAS Transmission PA Day	
Nov 18-20	Midterm Report Cards-eDistribution	
Nov 26	Honour Roll Breakfast	
Nov 27	Full Disclosure	
June 25	Graduation	

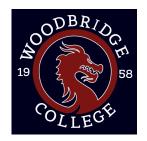
DAILY SCHEDULE		
PERIOD	TIME	OCTOBER REMINDERS
Warning Bell	8:50 a.m.	Focus on WHAT YOU ARE not what you
HR	8:55 a.m 9:00 a.m.	aren't Many thīngs wīll happen, but they don't
1	9:00 a.m 10:15 a.m.	define you  The world is big enough for everyone to shine
2	10:20 a.m 11:35 a.m.	
Lunch	11:35 a.m 12:40 p.m.	Strīve for <b>progress</b> , not perfection
3	12:40 p.m 1:55 p.m.	Flowers need time to bloom. So do you
4	2:00 p.m 3:15 p.m.	Our Mindful Life.com
HELPFUL LINKS:		CARING & SAFE SCHOOLS:
WC Website, YRDSB Website WC Twitter, WC Instagram		Crimestoppers, Kids Help Phone Report It (YRDSB)

Dear Parents, Guardians and Caregivers,

The First Nation, Inuit and Métis Education Team would like to invite you to a family gathering in the evening on Thursday October, 10 from 6 - 8 PM at the Dr. Bette Stephenson Centre for Learning in Richmond Hill. The event will focus on holistic wellness. There will be community partners and members from the YRDSB available to answer questions and offer valuable resources to assist you. The whole family is invited to attend. Come out and meet the First Nations, Inuit and Métis Education Team!

Please see the <u>Flyer</u> for time and location. Below is a QR code to RSVP for the event. We hope to see you there!

If you have any questions or are having difficulties signing up, please feel free to contact rebecca.northcott@yrdsb.ca or mckenzie.frosch@yrdsb.ca



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## **Truth and Reconciliation at WC**

## **National Day for Truth and Reconciliation:**

On September 30th students at Woodbridge College had the opportunity to engage in learning related to National Truth and Reconciliation Day as well as Orange Shirt Day. Student volunteers were stationed at different points around our school building for their peers to interact with their posters and ask questions.

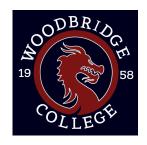
Students were also given the opportunity to decide on an action they felt they could take as we work towards reconciliation as a community.

Periods 2 & 3 Canadian History & Civics and Citizenship Classes River Walk:

On September 30th during Period 2 and 3 Canadian History and Civics and Citizenship classes were given the opportunity to take part in a community walk where they walked down Islington to the Humber River. While there students engaged in learning and discussion about the traditional territory of the Mississaugas of the New Credit First Nations and the significance of the Humber River.

Known as "the place of Alders" the Humber river provided an integral connection for the Anishinaabe, Haudenosaunee, and the Wendat as a route between Lake Ontario and Lake Simcoe/Georgian Bay region. While on the riverwalk students were able to gain an understanding of the significance of this land to the Indigenous community as well as discussing how we can acknowledge their contribution to our own area in a more public and permanent manner.





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## **CO-OP** at WC

#### MY CO-OP EXPERIENCE AT BLUE WILLOW PUBLIC SCHOOL

By: Sneh Kaushal, Woodbridge College, York Region DSB

Many times, throughout my life, I've been asked the question "What do you want to be when you grow up?" When I was five years old, I wanted to be a fashion designer, then a lawyer and by age thirteen I decided to pursue teaching. In September of 2023, that dream came true. As a part of my Cooperative Education experience, I had the opportunity to work in a kindergarten classroom at Blue Willow Public School.

My first few weeks in the classroom were focused on familiarizing myself with routines and developing appropriate communication skills to be better able to support young learners. I spent quite a bit of my time talking to them, learning their names, and just really getting to know them.



Over the next few months, I earned their trust and built deep and meaningful relationships with each one of them. I led multiple activities with small groups, some of which I planned myself, and some with the support of my supervisor. Eventually, I took over weekly journals and led many mini literacy, math and visual art activities. The high energy level of the kids made me happier and more excited to come to work every day.



Ms. Czaniecki's class was the first classroom that I had ever been so involved in that I could really see and call myself a teacher. This experience brought out the best of me and taught me how to cherish the little things in life. I enjoyed every minute of my experience. I learned so much throughout the entirety of this experience and am genuinely so proud of myself for being dedicated to this work and understanding my impact on the lives of young ones. Waking up early and going to Blue Willow Public School to pursue my passion of becoming a teacher became my life, and I wouldn't trade the relationships I've built for anything in the world. I am so thankful to all of those who have worked with me throughout this process and acknowledge that this is just the start of my journey as an educator.

## YRDSB Resources and Opportunities

Join York Region District School Board in celebrating Islamic Heritage Month this October at Emily Carr S.S. Together, we'll honor the rich cultural, historical, and religious contributions of Muslims to society. This celebration is all about fostering equity, inclusion, and community engagement while building a deeper understanding of our diverse society.

Islamic Heritage Month Event (Flyer) Date: Wednesday, October 30, 2024

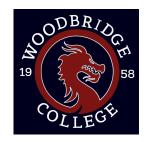
Time: 5:00 p.m. – 7:00 p.m.

Location: Emily Carr Secondary School

Address: 4901 Rutherford Rd, Vaughan, ON L4H 3C2

Open to all YRDSB students, families, and staff. Please register by Sunday, October 27, 2024

For more information, please email Inclusive School and Community Services (ISCS) at iscs@yrdsb.ca



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**Latin Heritage Month** - LATINE EDUCATORS NETWORK OFFICIAL LAUNCH EVENT The York Region District School Board's Latine Educators Network is hosting the official launch of the Latine Educators Network to celebrate Latin Heritage Month. Please join us and see <u>link</u> for more information.

## **Renewed Computer Technology Fall Applications**

YRDSB will once again be working with Renewed Computer Technology to support limited income families with gaining access to technology.

Please read the Letter to families and see the Renewed Computer Technology (RCT) Application Flyer.

## Sankofa Mentoring Program

The Sankofa Mentoring Program is for students in grades seven to twelve, online on Thursdays from 6:30pm to 8:30pm and two Saturday's per month in person 10 am to 1pm at Bur Oak Secondary School, Markham Ontario. The environment creates a safe space for students, and mentors to come together in unity and learn more about their heritage. Through collective work/responsibility, we have created an environment where creativity and cooperative economics work together to engender self-determination. The program was developed in the follow structure:

- Rooted in an Afrocentric Framework
- Three tier model (life skills, community engagement and civic responsibility)
- Highlights the principles of the Nguzo Saba (The Seven Principles) Unity, Self-Determination Collective Work and Responsibility, Cooperative Economics, Purpose, Creativity, Faith, and Self-Respect

### East Asian Students Family Engagement Evening

YRDSB in collaboration with Family Services York Region are hosting our first Supporting East Asian Students (SEAS) Family Engagement Evening workshop on October 9, 2024. Please see the link for more information. 2024 Oct. 9 Families Engagement Evening

## **Health Care Plans for Students**

If your child has a serious life-threatening allergy or medical condition, please inform the office to complete the appropriate medical forms. There are students and staff members in our school who have life-threatening allergies to nuts and other allergens. To help create an allergen-safe environment, do not bring nuts or nut products to school.

It is critical that parents and guardians share information with us about students' serious or life-threatening medical conditions or other health-related matters so that we can create fulsome Health Care Plans that help keep students safe. We encourage students, who are able, to contribute to the creation of these plans too.

Please access forms below as needed. Completed forms and medication can be placed in a sealable bag, with the student's name marked on the bag and left in the Main Office As always, please contact us with any questions or concerns.

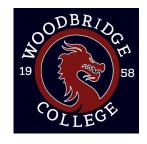
Health Care Plan Form

Diabetes Health Care Plan

Asthma Health Care Plan

Anaphylaxis Health Care Plan

Epilepsy/Seizure Disorder Health Care Plan



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## **Guidance Corner**

## **Assembly for Potential Graduates**

All Grade 12s were invited to participate and learn about what they need to know about post-secondary pathways and if they are on track to graduate in June. Each student was given an Ontario Student Status (OSS) sheet that listed all the courses the student had completed, and other grad requirements completed to date. As well, students were given a checklist to compare the grad requirements with the OSS. We asked that students share this information with their parents/guardians and sign-off on the checklist to confirm they have reviewed their OSS. Grade 12s families can view the presentation and video recording for their own reference <a href="Video Presentation">Video Presentation</a> and <a href="Slide Deck">Slide Deck</a>. The checklist must be completed and given to their period 2 teacher or the Guidance Office. If your child has questions, please book a guidance appointment through teachassist.

## Scholarship Report

We wanted to make you aware of a newsletter called <u>The Scholarship Report.</u> This resource provides helpful information as your child prepares for postsecondary education. The Scholarship Report posts information on postsecondary events and opportunities, application tips, advice from experts, campus Open House Schedules, career resources, and lists of curated scholarship and bursaries, and other ways to pay for school. Don't miss out on this relevant information! <u>Seeking Scholarship PDF</u> file.

### Accelerated OYAP AND Apprenticeship - Information Night October 2024

Accelerated OYAP is for students in Grade 12 who are in full day Co-op/ALEP in semester 2. Please visit <a href="https://www.yrdsb.ca/ACCELOYAP">www.yrdsb.ca/ACCELOYAP</a> for more information. Information regarding OYAP for all other Grade 11 and 12 students can be found at <a href="https://www.yrdsb.ca/OYAP">www.yrdsb.ca/OYAP</a>.

Please see the flyer for more information.

\*\*Please note that the open house for the Drywall Acoustic & Lather Accelerated OYAP program with the INTERIOR FINISHING SYSTEMS TRAINING CENTRE (IFSTC) will be taking place on October 8th at 6:30pm. The address is 60 Sharer Rd, Woodbridge, ON L4L 8P4.

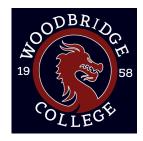
## **Mental Health Supports**

## **Student Mental Health and Addictions Letter**

October 2024 - Resilience September 2024 - Welcome Back!

### **Inclusive School and Community Services**

Inclusive School and Community Services support schools in developing a learning and school environment that is respectful, supportive and welcoming to all. This includes building and maintaining strong partnerships with parents, community, community organizations and social service agencies to ensure the Board is able to meet the diverse needs of our school communities. See <a href="YRDSB website">YRDSB website</a> for details.



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## **Services to Support Mental Health**

- Family Services of York Region 905-883-6572
- Trans Lifeline: https://translifeline.org
- YRDSB Trans Student Support Group Bi-weekly meetings 3:30 4:30 contact Max at max.denley@yrdsb.ca Also offered in: Ukrainian, Russian, Dari, Mandarin and Arabic

## **Academic Supports**

YRDSB Student Tools and Supports

## **Supporting Mental Health:**

## Crisis Mental Health Supports for Students:

- 310-COPE: 905-310-COPE (2673) or 1-855-310-COPE (2673) avail.24/7
- KidsHelpPhone: 1-800-668-6868, text 686868 available 24/7, https://kidshelpphone.ca
- York Hills Help Phone Line: 905-503-9561 Monday, Wednesday, Friday 9:30-4:00 p.m. for children and youth (0-18 years) and their parents, caregivers or adult supporters.
- Mental Health Helpline: 1-866-531-2600 available 24/7

## **Culturally Relevant Mental Health Supports:**

We recognize the importance of supporting our students, families, and staff during these challenging times. While many remember and reflect on current events, in response, the following culturally responsive supports are available to our families:

## 1) TAIBU Community Health Centre

- Clinic: 416-644-3536 http://taibuchc.ca/en/
- Taibu provides intersectional, equity-based and culturally affirming practices for YRDSB students who self-identify as Black:
- Individual Therapeutic Counselling for individuals and parents/families/caregivers.
- Referrals for individual counselling can be made via your school's Social Worker or Psychology Services Professional.
- Group workshops for students (after school). Inquiries regarding potential workshops can be addressed to: Brittany Creighton, BSW, MSW, RSW Diabetes Education Program Social Worker / Health Promoter - Mental Health and Wrap Around Services TAIBU. <u>BCreighton@taibuchc.ca</u>

## 2) Black Youth Helpline

- Call 416-285-9944 Toll Free 1-833-294-8650
- https://blackyouth.ca/contact-us/
- Black Youth Helpline

### 3) Harriet's Youth Support Line

- 24-hour emergency / crisis response line: 1-877-695-2673
- Text messaging available for young people who do not feel like speaking to someone, but are still in need of help
- Contact info@tubmancommunity.org or jdunn@peacebuilders.ca for additional inquiries.

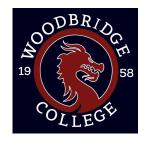
## 4) NACCA - Newmarket African Caribbean Canadian Association (NACCA)

Call 905-781-6222 - <a href="https://www.naccacommunity.ca/nacca-youth.html">https://www.naccacommunity.ca/nacca-youth.html</a>

#### 5) Tropicana

• (416) 439-9009 - <a href="https://tropicanacommunity.org/defy-your-label/">https://tropicanacommunity.org/defy-your-label/</a>

6) Sikh Family Helpline: Sikh Family Helpline (1-800-551-9128)



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7) Naseeha Helpline: Naseeha Mental Health

8) 2SLGBTQ+ Youthline: LGBT Youthline

9) PFLAG Canada York Region: 1-866-YR-PFLAG (977-3524) https://plfagyork.ca

